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Client Notification of Privacy Rights and Practices

The Counseling Process

I am committed to serving private clients as well as corporate and managed care clients with efficient, effective crisis intervention, counseling, and referral services. The therapeutic approaches are relationship-oriented, and solution-centered with the goal of helping clients to lead healthier, more fulfilling lives.

Client (Patient) Notification of Privacy Rights and Practices

The H e a l t h i n s u r a n c e and P o r t a b i l i t y and A c c o u n t a b i l i t y A c t (HIPAA) has created new client (patient) protections, commonly referred to as the 'medical records privacy law'. HIPAA gives protections to you as a client in the areas of:

- Electronic transmission of data ("the transaction rules");
- The keeping and use of patient records ("privacy rules");
- The storage and access to health care records ("the security rules").

HIPAA applies to all health care providers, including mental health care. I am now required to notify you of your privacy rights as they relate to health care records.

The purpose of this document is to let you know of your rights under the federal HIPAA law. Please read the entire document. In mental health care (counseling), confidentiality and privacy are central issues to the success of the counseling relationship. As you will see, I will do all I can to protect the privacy of your records. If you have any questions, please do not hesitate to ask.